



## Brunswick Heads Sustainable Streets Newsletter #3

### Organic Gardening Workshop

Over 20 residents met at the public school on a wet Saturday to discover top tips for growing organic produce in sandy Brunswick Heads! Garden teacher, Andrew Carter shared a range of tips to help get local gardens flourishing, including:

- Sandy soils need organic matter. Compost and mulch are the key!
- Apply liquid fertilisers regularly to keep plants productive, such as diluted worm castings or kelp based tonics.
- Try a no-dig garden where layers of organic matter are built up on a thick layer of newspaper, or raised garden beds.
- Tolerate pests and handpick as best you can. Flowers will help beneficial insect populations build up. Molasses or BT based sprays are more targeted for chewing insects.



**NEXT WORKSHOP: COOKING WITH LOCAL PRODUCE**  
10 - 12:30pm, Sat 12 Nov @ Brunswick Uniting Church (Fingal Street)

### Permaculture Field Trip to Mullum. on 23 October!

Brunswick Heads Sustainable Streets residents are invited to attend a special field trip to Mullumbimby on Sun. 23 October to visit local permaculture sites. **Bookings Essential! Call 6626 7305 to book before 19 Oct!**

Field Trip Itinerary:

- 10am Meet at Sharon's abundant permaculture house
- 10:30am No-dig gardening workshop
- 11:30am Tour of Mullumbimby Community Gardens + morning tea

**\*10 bonus 'Sustainability Stamps' award to those who car-pool to Mullum!**



## Meet a Neighbour - *Bill from Bower St*

*"After looking at places to live from Ballina to Noosa my wife and I moved into Brunswick Heads 11 years ago. What attracted us was the way of life.*

*Growing vegetables is my passion and after years of failures and success, I now feel that our veggie garden is quite organic and prolific. I no longer use pesticides or chemicals, just mulch, compost and lots of lime. When we are blessed with rain I use tank water, creating a sustainable veggie garden. In the normal garden we have also eliminated plants that require lots of water."*



## Got something to share?

The Brunswick Heads Sustainable Streets Newsletter is your neighbourhood resource. If you have locally relevant info that helps build community, why not share it with the neighbourhood in our next newsletter?

Submit info to: [graeme.williams@byron.nsw.gov.au](mailto:graeme.williams@byron.nsw.gov.au) by 12 Nov.

## Sustainability Stamps

'Sustainability Stamps' is a system to reward Sustainable Streets participants who undertake actions to lower their ecological footprint, such as installing a solar hot water system, establishing a new veggie garden or switching to green cleaning products etc. Each stamp = \$1.00.

These 'stamps' are saved up and then redeemed for a shared community prize up to the value of \$1,000 at the end of the program. Ideas for a community prizes include neighbourhood fruit trees, wildlife nest boxes or whatever the group decides will be a lasting gift to strengthen sustainability in the neighbourhood!

Please bring you 'Sustainability Stamp Sheet' to each workshop and contribute to the neighbourhood tally!

<b>Sustainability Stamps Neighbourhood Tally @ October:</b>	<b>290 stamps</b>
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## Brunswick Heads Sustainable Streets Program

Date	Workshop Topic	General Information
13 Aug	Welcome + Low Waste Living Demos	<b>DATE:</b> 2 <sup>nd</sup> Sat. of the month <b>TIME:</b> 10am - 12pm <b>LOCATION:</b> Brunswick Heads Uniting Church, Cr Fingal & Byron St  <small>* Held at Brunswick Heads Public School Garden</small>
10 Sept	Power to the Hood: Energy and Water Savers	
8 Oct	Earthly Pleasures: Organic Gardening *	
12 Nov	Cooking with Local Produce + shared lunch	
10 Dec	Bush Friendly Backyards and Urban Wildlife	
tbc	Finale Celebration: Eco Film Night and Local Feast!	

**For more information, contact: Graeme Williams on 6626 7305**