

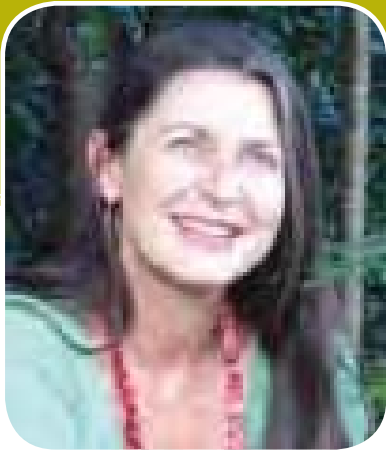


Byron Shire

SUSTAINABLE FOOD

business directory





Supporting a Sustainable Byron Shire

Welcome to Byron Shire Council's first **Sustainable Food Directory**. Byron Shire is blessed with abundant sunshine, fertile soils and regular rainfall which make us a prime food growing area. We are also home to a food-aware community who embrace organic, fair trade, free-range and locally grown produce as everyday ways to reduce our ecological footprint, promote healthy lifestyles and support the transition to a low-carbon economy.

Many of our local business and community enterprises are leading the way in sustainable food practices and we are pleased to showcase them in this Directory.

Inside, you'll find some of our most innovative and green-minded businesses that have recognised the need to balance people, planet and prosperity.

So whether you are a local or just passing through, I encourage you to support our local businesses and make responsible food choices for our planet.

Jan Barham | Mayor of Byron Shire

La Table Café / Restaurant

1



72 Burringbar St, Mullumbimby
P 6684 2220

Our café offers wholesome food with organic coffee, milk and juices. Our restaurant is French bistro style with an organic wine list. We're listed among NSW's top Sustainable Restaurants.



Edens Landing Health Foods

2



97 Stuart St, Mullumbimby
P 6684 1007

Our focus is to source local, organic, ethical and chemical free produce for our deli and grocery. We have created a section for produce grown within a 50km radius.



Mullumbimby Community Garden

3



End Stuart St, Mullumbimby
P 0412 322 255

We practice organic gardening, composting and sustainable living. We have a communal kitchen, nursery, private allotments and communal gardens where we share the harvest.



Mullumbimby Farmers Market

4



Show Grounds off Main Arm Rd,
Mullumbimby, every Friday, 7 - 11 am
P 6684 5390

On rain or shine every Friday from 7 - 11 am. We support the local economy by selling locally produced food, live poultry and related products.



Bun Coffee



4/1A Banksia Dr,
Byron Industrial Estate
P 6680 9798

We specialise in fairtrade, organic and Australian grown coffees and teas that sustain the people and ecosystems to whom we are indebted for these wonderful crops.



Kulcha Jam Food Coop



1 Acacia St, Byron Industrial Estate
P 0409 318 406

A local food cooperative run by passionate volunteers. We're open Thursdays and stock affordable and ethically-sourced honey, grains, nuts, chocolate etc. New members welcome!



Byron Organic Kitchen

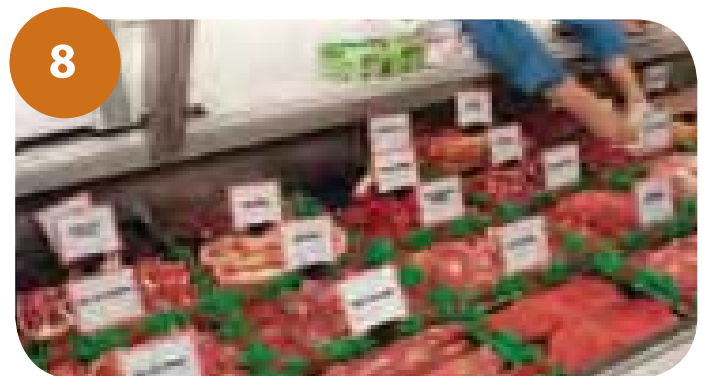


Shop 4, 5 Byron St, Byron Bay
P 6685 7767

We operate a bustling café serving delicious, home-style organic food, cakes and juices. Some of the produce is sourced locally, with fresh veggies coming from our garden.



Wholly Smoked Organic Butcher and Grocer



Shop 7, 130 Jonson St, Byron Bay
P 6685 6261

We operate an organic butcher specialising in certified organic and unusual game meats. We also stock local fruits and veg and organic dried goods.



Santos Wholefoods

9



Mullumbimby, Byron Bay &
Byron Industrial Estate

P 6684 3773

An iconic, community-owned enterprise operating 3 friendly stores and 2 cafes in Mullumbimby, Byron Bay and Byron Industrial Estate. We have been supplying organic, whole-food and health products since 1975.



Byron Bay Farmers Market

11



Every Thursday, 7 - 11am
Butler St Reserve, Byron Bay

P 6687 1137

The largest farmers market in the region with a huge variety of fresh and organic produce, family friendly environment, music and cooking demos.



Cane Bar

10



4 Jonson St, Byron Bay

P 6685 7978

We are a fresh juice, organic coffee and raw food takeaway specialising in locally-grown sugarcane juice, which is the base of our power smoothies & frappes. Our sweet treats range from delectably healthy to the deliciously wicked.



Heart & Halo - Good Food Bar

12



Cnr Byron & Middleton Sts, Byron Bay

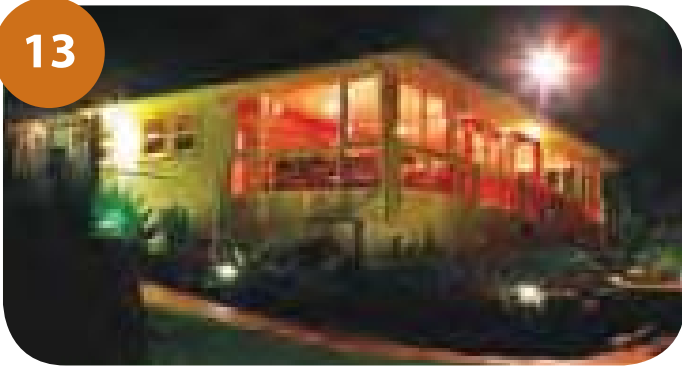
P 6685 6685

Our mission is to provide fresh, nutritious and sustainable food for the whole community. We are dedicated to fair trade, ayurvedic cooking and use organic produce in our curries, soups, salads and rice dishes.



Fig Tree Restaurant

13



4 Sunrise Lane, Ewingsdale

P 6684 7273

Positioned under an ancient fig tree, our motto is 'local produce, global flavours'. We base our menus on local, seasonal and home grown produce that captures the flavours of the region.



New Brighton Farmers Market

14



Every Tuesday, 8 - 11am

River St, New Brighton

P 6684 5390

Our not-for-profit market trades every Tuesday from 8-11am. Our stallholders sell local farm produce, including coffee, bread, cheese and meats.



Yum Yum Tree Café

15



50 River St, New Brighton

P 6680 3368

The "Yum Yum Tree" was a traditional meeting place to take sustenance and meet friends. Where possible, we offer free range and local produce in our fresh and affordable meals.



Brunswick Health Foods

16



20 Fingal St, Brunswick Heads

P 6685 1338

We operate a health food shop and vegetarian café with tempting vegan meals and the "best chai in the region". We stock locally-grown organic fruit and vegetables, bulk dried foods and herbal medicines.



SEE MAP ON REVERSE SIDE FOR LOCATIONS

Herbal Wisdom

17



64 Byron St, Bangalow

P 6687 0457

We run a holistic health store and natural medicine clinic nestled in Bangalow village. We stock certified organic produce and a range of organic groceries.



Bangalow Farmers Market

19



Every Saturday, 7 - 11am
behind hotel car park, Bangalow

P 6687 1137

A great variety of fresh and organic produce available in Bangalow CBD every Saturday with music and a friendly local environment.



Pantry 29

18



29 Byron St, Bangalow

P 6687 1428

Fresh and healthy take-away food, coffee and smoothies. We also stock deli and grocery items including many local, organic and gluten-free products.



Baz and Shaz Fruit & Veg

20



44 Beech Drv, Suffolk Park

P 6685 4445

As a family business, we run an affordable and friendly local green grocery and supermarket store with a large variety of organic and locally-grown produce and products.





Free range eggs

Free range eggs come from poultry that are allowed to move freely within the farmyard, rather than kept in battery-style cages. Currently, there are no legally enforceable standards for the production of free range eggs in Australia, which can result in misleading claims.

BYRON SHIRE



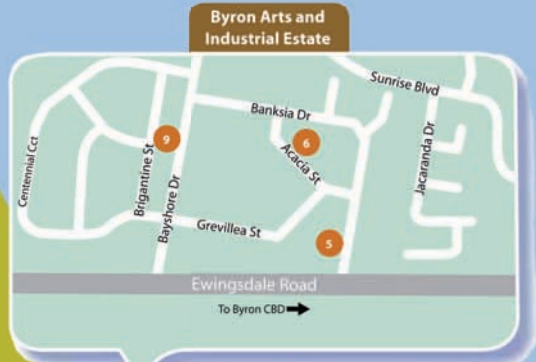
Organic

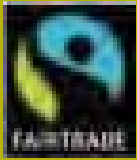
Organic agriculture is an ecologically-based approach to farming that avoids the use of synthetic fertilisers and pesticides which can harm the environment and human health. Certified organic means an independent organisation has verified that the products meet organic standards.



Local food

Byron Shire is situated within a fertile agricultural region that produces an abundance of food products. Buying local food strengthens regional economies, preserves the rural landscape, reduces food miles and fosters community. Local food can be readily sourced from farmers markets, independent retailers, community gardens, food co-operatives or your own backyard!





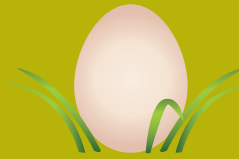
FAIRTRADE stocks certified Fairtrade products



LOCAL FOOD stocks food grown in the Northern Rivers region.



ORGANIC stocks certified organic products



FREE RANGE EGGS stocks free range eggs



PLASTIC BAG FREE committed to no plastic bags



COMMUNITY/NOT FOR PROFIT



For further details contact
Byron Shire Council on 02 6626 7000
www.byron.nsw.gov.au/sustainability

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Trade & Investment

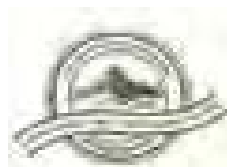


Not in this Directory?

Council encourages local businesses to apply for listing in future editions of this Directory. Contact Council's Sustainability Officer for more information.

Disclaimer: While all reasonable care has been taken with the contents of this Directory, Byron Shire Council shall not be liable for any loss, damage or misinformation that may occur in relation to decisions made on the basis of this Directory.

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This project has been assisted by the New South Wales Government through its Environmental Trust.